

### **POSITION SUMMARY: MAJOR TASKS, DUTIES, AND RESPONSIBILITIES**

The Exercise Leader must possess skills necessary to provide instruction of safe, effective, and fundamentally sound methods of exercise.

- Provide instruction, guidance, and motivation to facility's users.
- Works effectively and efficiently to provide an environment which is clean, safe, cheerful, well-stocked, and in good repair.
- Works with Exercise Physiologist in:
  - Relaying appropriate and recent health/fitness educational information.
  - Providing general information and tours to prospective members.

### **POSITION QUALIFICATIONS:**

Education: High School Diploma or G.E.D.

College level courses in a health/fitness related field or **fitness/personal training certification preferred.**

Ability to read, write, and understand written/verbal instructions